

What are You Accepting?

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By Tina Bishai



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Not everything is as it seems! Did you know that?

That may sound ominous, but it's time we spell things out clearly for ourselves. Many of us complain about certain people or circumstances in our lives, and we feel like a victim to all of it. But what if I told you that you had more power than what you are currently perceiving?

Did you know that YOU are given the power to accept things in your life, AND to forbid them? It's called free will. I learned what I'm sharing with you today from one of my mentors, Travis Peters. And what I love about the way he teaches is that he takes ancient texts (the Bible) and explains them in ways we can implement each and every day.

Sometimes it can feel like we just can't seem to get a break in life, but then we have to remember there is a God who brings every good thing and a devil who comes to "steal, lie, destroy and kill". It is essential to know this so that we are not passive in our lives. Yes, we are all creators, but what if things keep showing up for you that you don't want or prefer? Evil will always try to steal and destroy light. And it's essential to stop and look at what you're accepting in your life.

Here are some examples of what you may be accepting...

** You or your child are sick, and you accept the sickness

** You're having financial difficulty, and you accept the financial difficulty

** Your marriage is on the rocks, and you accept the relationship as it is, or get frustrated because it doesn't seem to be getting better.

We've often spoken about how we were created - so lovingly by the Creator. More specifically, God has given you the power to **forbid, bind, and rebuke** these things. To have power over all evil that exists. God works through us - through our faith and actions.

Let's take one example at a time....

** Instead of saying or thinking, "Oh, she's got a cold, and I'll be getting it next. That's always how it goes - and then it spreads through our household." The moment you see your child is beginning to feel unwell, you can say, "I forbid, bind, and rebuke the spirit of evil and sickness in the name of Jesus."

** Instead of saying or thinking, "It's just that time of year- it's a slow season in my business and that's why my finances are way down." Or "It must be the slowdown in the economy." The moment you begin to notice the decline, you can say, "I forbid, bind and rebuke the spirit of evil and of decrease in my life and over my finances and business, in the name of Jesus."

** Instead of saying or thinking, "He always criticizes me, he never puts in any effort into our relationship. I think I'm leaving him. I just can't take it anymore." The moment you notice the decline, you can say, "I forbid, bind, and rebuke the spirit of dissention, confusion and evil in our relationship and our lives, in the name of Jesus. I forbid, bind and rebule the spirit of anger, resentment, and folly in my life, in the name of Jesus."

Why do we want to do this? We know that everything on earth has a spiritual basis. And what we bind on earth will be bound in heaven - based on our thoughts, focus and intentions. And the opposite is also true, what we loose (or call in) on earth will also be loosed in heaven.

And you might be wondering, why in the name of Jesus? Well....for me, that's where my power comes from. That's my Creator. And that's the way the ancient texts tell us to use our own words to have God's power work through us. You may think of it as God, or all knowing consciousness.



Once you've completed the removal of what you don't want in your life, now you can fill the new space with what you prefer. Here are the same examples below.....

** "I call in the spirit of peace and health into mine and my child's body."

** "I call in the spirit of increase, abundance, and prosperity from God."

** "I call in the spirit of harmony, clarity, compassion, and love into my relationship."

Now this may not be a one-time thing. You might repeat this a few times each day until the circumstances change. Or it may be instant.

Recently, my daughter felt unwell, and I did this with her once when I noticed she wasn't herself and another time when she complained of a headache the same day. She didn't feel well for the day. Normally, this would have meant she would have stayed home from school the following day. Instead, she woke up completely vibrant and well, ready for the day at school. How incredible is that!

In all honesty, I added one more thing to the process I shared above. And on the same day, I had a conversation with her inner children in my mind's eye. Remember that process I taught you before? Our body never lies and it always trying to tell us something. So I decided that I had better listen to her inner child - she was sad and angry about a few things. Once I heard and loved her, I invited her inner child back into her heart once she felt better.

What incredible medicine we can each bring to ourselves and our loved ones.

So today I ask you to consider...

1. What are you accepting in your life that you would like to change?
2. Declare your statements and what you want to get rid of in the name of Jesus. Remember that everything has a spirit - so it may be the spirit of disease, sickness, or ill health. The spirit of lack, worry, anxiety, or fear. The spirit of hatred, resentment, and anger.
3. Declare your statement of what you want to call into your life/circumstance in the name of Jesus. It can be things like the spirit of health and well-being, or the spirit of vitality. The spirit of abundance, prosperity, peace, joy and love.
4. Also, have a talk with your inner child. Just listen and love them, see what they're afraid of, and then give them a big hug in your mind's eye. Once you notice they feel better, invite them back into your heart and use your deep breathing to move the energy to and through you.

Medicine is here for you. Medicine is in your speech, your thoughts, and your ability to accept and forbid things in your life.

Don't simply read this newsletter. Put it into practice on a daily basis and watch your life transform!



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